

## Extension activities conducted by Women's Cell at PDUAM, Dalgaoon during last five years

**Name of the activity:** Awareness on Women Health and Hygiene

**Report:** Dr. Rimjhim Dutta, Assistant professor, Department of Zoology, PDUAM, Dalgaoon delivered a lecture on "Woman Health and Hygiene" in Roumari L.P. School as a representative of Woman cell, PDUAM, Dalgaoon.

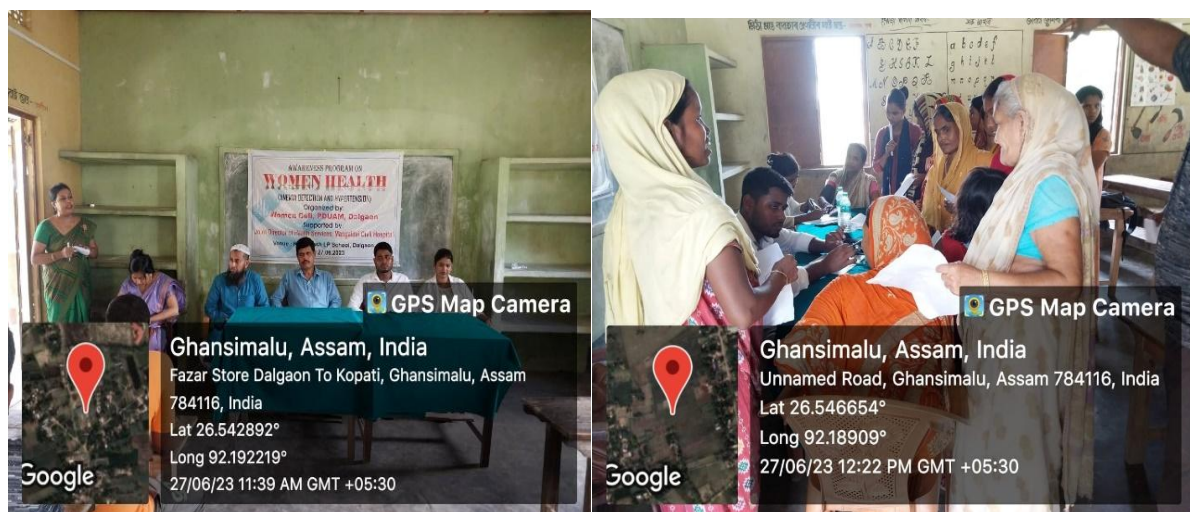
**Photographic evidence:**



**Name of the activity:** Awareness program on Women Health specially on Anemia detection and Hypertension

**Report:** On 27th June 2023, an awareness program on Women Health specially on Anemia detection and Hypertension was organized by Women Cell supported by Joint Director of Health Services, Mangaldai Civil Hospital at Ruhinikash L.P School. The program was organised with the motto of bringing awareness about the effects of Anemia and the importance of a balanced diet for a healthy lifestyle among the female members of the locality. A Talk was given by Principal, PDUAM, Dalgaoon on a balanced diet for a healthy life. The resource person Ms. Manjuwara Begum, CHO, Paschim Bahabari delivered speech on the importance of family planning and population control & Mr. Mirza Mohd Golam Hadi, CHO, Bhutpukhuri highlighted the causes of Anemia and Hypertension and the remedies of Anemia. A health check up for approximately 50 ladies of the locality was carried out of by the Community Health Officers (CHO).

**Photographic evidence:**





**Name of the activity: Post Flood Sanitization Programme and Relief**

**Report:** The WOMEN CELL in collaboration with the NSS UNIT of PDUAM, Dalgaoon has taken an initiative for "POST FLOOD SANITIZATION PROGRAMME & RELIEF" organised on 8th July' 22, Friday at Horu Thekera Bari, Aulachowka, Darrang, Assam. With the help of the MOUSUMI CLUB, Horu Thekera Bari, the campus of nearly 40 houses have been sanitized and also extended help in basic house repairing support physically. Relief packet was given to flood affected families containing their daily basic needs.

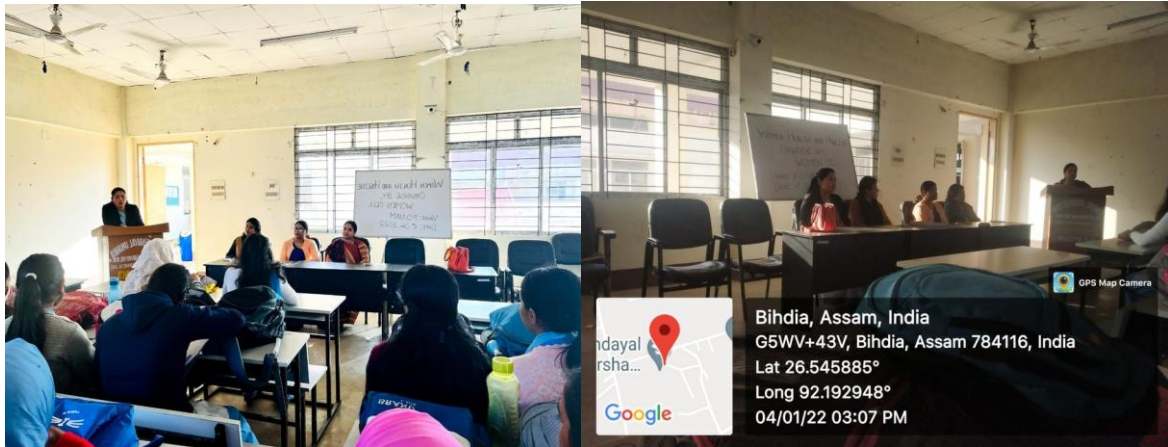
**Photographic evidences:**



**Name of the activity: Awareness program on Women Health and Hygiene**

**Report:**An awareness program was organised by Women Cell among the girl students of our college on the topic of " Women Health &Hygiene" on 04/01/22 to create awareness among them and spread the same message in the community through their families and friends.

**Photographic evidences**



**Name of the activity: Popular talk on the theme, "Gender Equality for a Sustainable Tomorrow Day"**

**Report:**Popular talk by Dr. Kasturi Nath, Assistant professor, Dept. of Sociology, Margherita College on International Women's Day observed by women cell, PDUAM, Dalgaon on 8th March, 2022 on the theme, "Gender Equality for a Sustainable Tomorrow".



**Name of the activity: Awareness program on Women Health and Hygiene**

**Report:** Awareness program on Women Health and Hygiene conducted by Women Cell , PDUAM, Dalgaoon in nearby locality on 20/09/21.

**Photographic evidences**

